



OPEN GATE
HEALTH SERVICES LIMITED

PEDIATRIC ADVANCED LIFE SUPPORT (PALS)

- American Heart Association (AHA) Course
- Open Gate Health Services Ltd (OGHS)
- AHA Training Site
- Protecting the Hearts and Lives of Children

Why PALS?

Critically ill and injured children require rapid recognition and timely, structured intervention. Their physiology, causes of arrest, and treatment priorities differ from adults.

PALS training helps providers to:

- Recognise early signs of respiratory failure and shock
- Prevent cardiac arrest where possible
- Manage pediatric cardiac arrest using AHA algorithms
- Work effectively as part of a pediatric resuscitation team

Who Should Attend?

The AHA PALS course is designed for healthcare professionals who care for infants and children in emergency and critical settings, including:

- Pediatricians and medical officers
- Emergency and ICU doctors
- Pediatric and neonatal nurses
- Anesthetists and theater / recovery nurses
- Paramedics and advanced life support providers

BLS Provider certification is usually required prior to PALS.

What You Will Learn

Key PALS skills and knowledge include:

- Systematic pediatric assessment (ABCDE)
- Recognition and management of respiratory distress and failure
- Recognition and treatment of compensated and decompensated shock
- Management of pediatric bradycardia and tachycardia
- Pediatric cardiac arrest algorithms
- Effective bag-mask ventilation and airway management
- Fluid and medication therapy in pediatric emergencies
- Team leadership and communication in pediatric resuscitation

Course Format & Certification

Course Format:

- Duration: Usually 2 days (depending on class size and format)
- Method: Pre-course reading, lectures, videos, skills stations and case-based simulations
- Assessment: Skills testing, scenario performance (megacode) and written multiple-choice exam

Certification:

- American Heart Association PALS Provider e-card
 - Valid for 2 years and internationally recognised
- Renewal courses are available for providers whose PALS is expiring.

Why Train With OGHS?

Accredited American Heart Association (AHA) Training Site under SDA Life Support Training Center

- Faculty experienced in pediatrics, PICU, NICU and emergency care
- Realistic pediatric scenarios using age-appropriate manikins and equipment
- Support for hospitals developing or strengthening pediatric emergency and critical care services
- Option to integrate PALS with BLS, ACLS and Heart saver packages for your organisation

OGHS is committed to improving outcomes for critically ill children across Nigeria and beyond.



Opengate Health Services Ltd (OGHS)
American Heart Association (AHA) Training Site

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Custom training packages are available for children's hospitals, general hospitals, and corporate medical units.

Equip your team to respond confidently to pediatric emergencies.



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